A photograph of a mountain peak, likely Mount Everest, rising above a thick layer of white clouds. The sky is a deep blue with some light clouds. The text is overlaid on the image.

A SPIRIT OF POWER, LOVE,
AND A SOUND MIND

2 Timothy 1:7

NOT A SPIRIT OF FEAR

Fear - *deilia*; timidity: - fear. (Strong)

Fear is Not from God

- God condemns cowardice - *Revelation 21:8*
- Fear ultimately comes as a byproduct of death, and the devil has the power of death - *Hebrews 2:14-16* - but God defeated death and released us from fear. (*cf. 2 Timothy 1:10*)

A SPIRIT OF POWER, LOVE, AND A SOUND MIND

Power

- Accessed in the gospel - *Romans 1:16; 1 Corinthians 1:23-24; 2 Corinthians 13:4*
- Knowing the power of His resurrection - *Philippians 3:8, 10; Ephesians 1:17, 19-20*
- Such is at work in the lives of Christians - *2 Corinthians 4:7-18; 12:7-10*
 - Overcome: infirmities, reproaches, needs, persecutions, distresses.

A SPIRIT OF POWER, LOVE, AND A SOUND MIND


Power; Love

- Love motivates even to the point of death on behalf of its object - *John 13:34-35; 15:13; 1 John 3:16*
- In the face of things which would strike fear, *"love suffers long...is not provoked...bears all things, believes all things, hope all things, endures all things" (1 Corinthians 13:4-7).*
- Love casts out fear - *1 John 4:9-10*(God's love for us), *7, 11-16, 19*(reciprocated), *17-19*(love's effect)

A SPIRIT OF POWER, LOVE, AND A SOUND MIND

Power; Love; and a Sound Mind

- "sound mind"- *sōphronismos*; discipline, i.e. self-control: - sound mind. (STRONG)
 - "exercise of prudence, moderation, self-discipline, prudence" (BDAG)
 - "[the mind] in which it sees things in their just proportions and relations" (Albert Barnes)
- Paul's mindset - *Philippians 1:21 (cf. Revelation 2:10)*
- The "sound mind" knows nothing can separate us from the love of God - *Romans 8:35-39*
- The "sound mind" does not fear - *Psalms 27:1-3; 2 Timothy 1:8-12*



A SPIRIT OF POWER, LOVE,
AND A SOUND MIND

2 Timothy 1:7